

# SALLY SUTTON

TRACK & FIELD ~ CLASS OF 1963



Sally Sutton competed in Track and Field in the early 1960's before California high schools fielded competitive girls sports. However, this would not hold back her athletic talents nor quell her "vision quest." Along with Olympic swimmer Donna De Varona of Acalanes, Sally was one of only two female athletes of her era to be honored as East Bay Prep of the Week.

Competing for Concord's Los Poco's Diablo's Track Club, and later at Diablo Valley College, Sally became a 2 time All-American in the javelin and shot put. Sally competed in age group track & field from the age of nine, competing against top international age group competition. She developed into an Olympic caliber athlete and trained for both the Pan American games and the 1964 Olympics in Japan.

A severe shoulder injury at age 19 ended her illustrious career, but Sally's numerous local, state, and national records and championships make her a natural selection into the College Park Hall of Fame. Sally now lives in Applegate, California.

*"Sally could be the best overall athlete to ever  
attend College Park..."*

*she was strong, fast and super competitive. Sally could throw a softball the  
length of a football field,*

*--Tim Ryan, Hall of Fame Coach and Athlete*